

# Coleen Bownes Permanent Makeup

## **POST PROCEDURE INSTRUCTIONS**

### Day 1-2 following the procedure:

- In the rare instance that the area has been weeping clear fluid after the procedure, very gently clean the area by dabbing with sterile water on a cotton pad, gauze or cotton bud. Allow to air dry.

### For 7 to 14 days following PMU procedure:

- NO water, cleansers, creams, makeup or any other products on treated area
- DO NOT rub, pick or scratch the treated area. Let any crusting or dry skin exfoliate naturally. Picking may cause scarring and loss of colour.
- Avoid direct sun exposure or tanning for 6 weeks
- NO facials, botox, chemical treatments and/or microdermabrasion for 6 weeks
- Avoid sleeping on your face for the first 14 days
- Avoid heavy sweating (i.e. gym workouts)
- Should the brow area skin feel tight - you may apply a thin coating of the healing balm supplied only after 3 days - and only if necessary.
- Should the lips feel tight - you may apply a thin coating of the healing balm supplied as much as you like immediately after until healed.

### **Please note:**

The treated area will initially appear darker, brighter and bolder due to natural crusting for the first 7 to 14 days. This is very common for all permanent cosmetic procedures.

It is very important to make a follow-up appointment for 4-6 weeks after the initial procedure in order to refine the new permanent procedure. This will ensure that a beautiful and pleasing result is achieved and will increase longevity of the new permanent makeup.

If you have any questions please contact Coleen 0729698420.